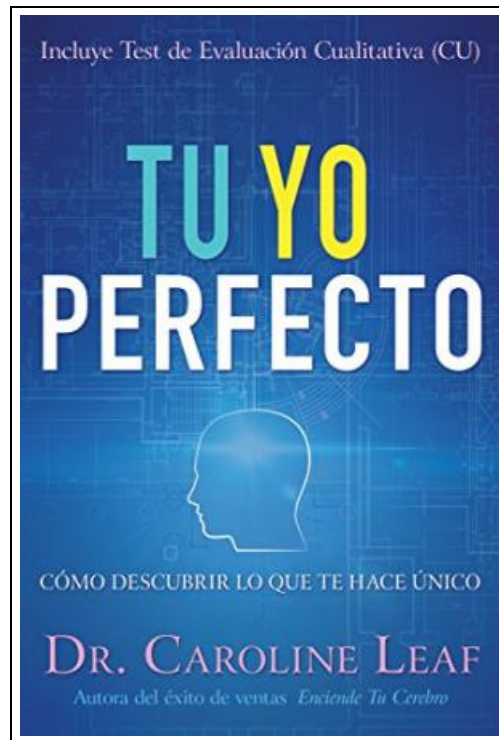


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Whitaker House, 2018. Paperback. Condition: New. Spanish Language Edition, Perf ed.. Language: Spanish . Brand New Book. Hay muchos exámenes de personalidad e inteligencia diseñados para ponerte una etiqueta, y colocarte en un encasillado específico. Pero la doctora Caroline Leaf dice que hay mucho más de ti que lo que puede captar un perfil de personalidad. Tu no puedes ser categorizado! En este libro fascinante, la autora lleva a los lectores a través de siete pasos para redescubrir y develar su diseño único: la manera brillantemente original en que una persona piensa, siente, se relaciona y elige, liberándola de la comparación la envidia y los celos que destruyen el tejido del cerebro. Los lectores aprenden a cobrar consciencia de lo que ocurre en sus mentes y cuerpos, a depender de su propia experiencia en vez de cambiarla a la fuerza, y a redefinir lo que el éxito significa para ellos. Liberados del sofocante encasillado de las expectativas, abrazarán su verdadera identidad, y desarrollarán un sentido claro de propósito divino en sus vidas. Conocer y entender nuestra identidad empodera nuestras elecciones. Descubrir lo que te hace único no es opcional; es esencial. There are a lot of personality and intelligence tests out there designed to label you, and put you in a particular box. But Dr. Caroline Leaf says there's much more to you than a personality profile can capture. In fact, you cannot be categorized! In this fascinating book, she takes readers through seven steps to rediscover and unlock their unique design--the brilliantly original way each person thinks, feels, relates, and makes choices--freeing them from comparison, envy, and jealousy, which destroy brain tissue. Readers learn to be aware of what's going on in their own minds and bodies, to lean in to their own experience rather than trying...



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