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GESTALT COUNSELLING IN A NUTSHELL (HARDBACK)



Sage Publications Ltd, United Kingdom, 2012. Hardback. Book Condition: New. 178 x 117 mm. Language: English . Brand New Book. New to the bestselling Counselling in a Nutshell Series, this pocket-sized book is the beginners guide to the essentials of Gestalt Therapy, from its principles to practice. Assuming no previous knowledge of the subject, the book introduces: - the origins of the approach - the key theory and concepts - the skills and techniques important to practice. Written in an...

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- Authored by Gaie Houston
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