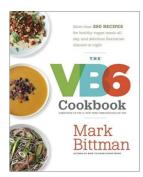
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## VB6 COOKBOOK (HARDBACK)



Random House USA Inc, United States, 2014. Hardback. Condition: New. Language: English. Brand New Book. Following up on his bestselling diet plan, VB6, the incomparable Mark Bittman delivers a full cookbook of recipes designed to help you eat vegan every day before 6:00 p.m.--and deliciously all of the time. Whether you call it flexitarian, part-time veganism, or vegetable-centric, the plant-based, real-food approach to eating introduced in Bittman s New York Times bestselling book VB6 has helped countless people regain...

## Read PDF VB6 Cookbook (Hardback)

- · Authored by Mark Bittman
- Released at 2014



Filesize: 1.82 MB

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