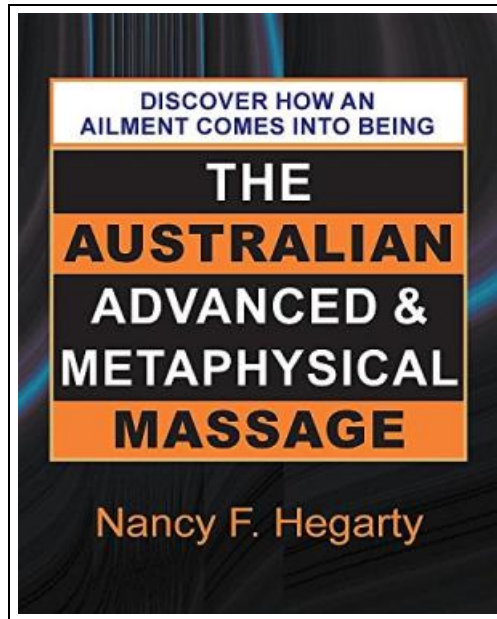


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This book is great. it was writtern quite flawlessly and helpful. You will not truly feel monotony at whenever you want of your time (that's what catalogs are for concerning if you ask me).

(Sterling Kris)

THE AUSTRALIAN ADVANCED METAPHYSICAL MESSAGE (PAPERBACK)



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Paradise Waters Pty Ltd, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.THE AUSTRALIAN ADVANCED AND METAPHYSICAL MESSAGE is widely known as a combination of professional massage movements and modern day psychology. These proven methods that release pain from within the body have resulted in sharing this knowledge now in The Australian Advanced and Metaphysical Massage. Practitioners continue to apply these techniques today and there are many who may like to extend their current mode of operation by taking advantage of these methods. In the advanced massage techniques, Part One, Chapters One to Five, where you see the name of a muscle, bone, tendon or ligament that you have no idea of what it is and where it is, simply look up one of the anatomy diagrams until you locate it in Part Two, Chapters Two and Three or you may already have a good anatomical reference book or precisely drawn anatomy chart that you can use to find it much more readily and in colourful detail. If you are a massage practitioner, I recommend a detailed wall chart is located within eyesight of the professional couch for easy referencing. Part Two also gives basic introductions to Kinesiology, Lymphatic Massage and Reflexology. Discover the best positive affirmations in Part Three, Chapter Two for relieving back tension. There is a Metaphysical exercise for each vertebra offering the initial creation of good experiences or the awareness of how to begin a new approach to life. This initiates the letting go process of a past negative thought that has been implanted into the subconscious mind of the sufferer. Nerves from one vertebra may be responsible for pain in a number of other areas so it stands to reason that releasing the tension from one vertebra can also...



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