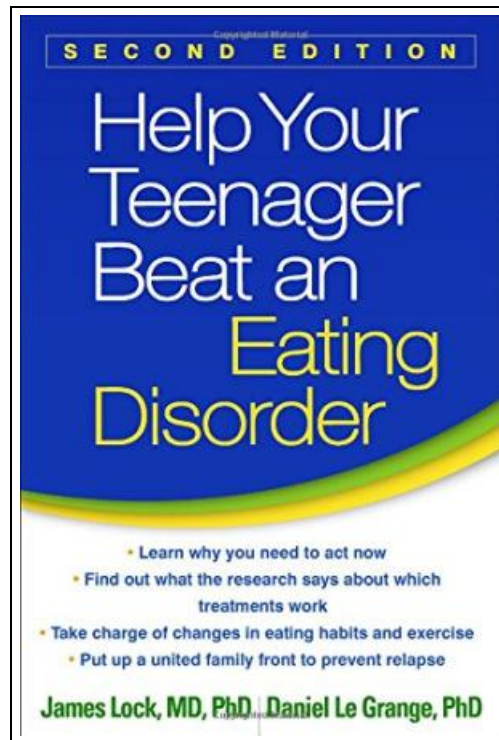


Help Your Teenager Beat an Eating Disorder (2nd Revised edition)



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Reviews

An exceptional ebook along with the typeface employed was intriguing to see. It really is simplistic but surprises within the fifty percent of the ebook. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Brian Miller)

HELP YOUR TEENAGER BEAT AN EATING DISORDER (2ND REVISED EDITION)



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Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Help Your Teenager Beat an Eating Disorder (2nd Revised edition), James Lock, Daniel Le Grange, Tens of thousands of parents have turned to this compassionate resource for support and practical advice grounded in cutting-edge scientific knowledge. Numerous vivid stories show how to recognize and address anorexia nervosa, bulimia nervosa, and other devastating eating disorders that wreak havoc on teens and their families. James Lock and Daniel Le Grange present strong evidence that parents--who have often been told to take a back seat in eating disorder treatment--can and must play a key role in recovery. Whether pursuing family-based treatment or other options, parents learn specific, doable steps for monitoring their teen's eating and exercise habits, managing mealtimes, ending weight-related power struggles, and collaborating successfully with health care providers. Featuring the latest research and resources, the second edition now addresses additional disorders recognized in DSM-5 (including binge-eating disorder).



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