



The Vegan Christian Cookbook Optimum Health Guide: Plant Powered and Jesus Powered the Blessed Union (Paperback)

By Superfood Chef Todd Dacey

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.I have researched for over 20 years the positive effects that more of a plant-based, balanced, healthy diet can have personally and planetarily. Here are some of the many complimentary and supportive benefits to a Christian practice of a healthy plant based diet. The health benefits are clearly proven by one Christian denomination, the Seventh Day Adventists who practice mostly vegan with some vegetarian. Of the nine places worldwide bestselling Blue Zones author Dan Beutner found where people lived the longest, Loma Linda California (home of the seventh Day Adventists) turns out to be in the top three! When we realize the triple evils of Factory Farming, processed foods and GMOs then it becomes painfully apparent our financial resources can no longer be used to support these kinds of greed based unholy businesses (and our illnesses they also profit from) any longer! Evil and its minions hate Jesus and God's Love, and would rather seek revenge making other plans, like sabotaging our ability to embody love, enslaving humanity, destroying nature and planet earth. They want to make sure there is no...



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