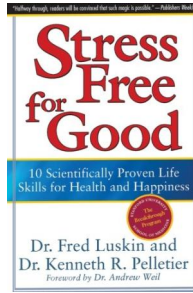


Stress Free for Good: 10 Scientifically Proven Life Skills for Health and Happiness



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