

## Why People Die By Suicide.

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### Reviews

*Extremely helpful to all class of individuals. It really is writter in straightforward terms instead of difficult to understand. I am just happy to explain how this is the finest publication i have got read inside my own lifestyle and might be he very best ebook for possibly.* (*Dr. Meta Smith*)

#### WHY PEOPLE DIE BY SUICIDE.



Harvard University Press, Cambridge, Massachusetts and London England, 2005. Softcover. Book Condition: New. First Edition (Unstated).. 276 pages. Softcover. New book. PSYCHOLOGY. In the wake of a suicide, the most troubling questions are invariably the most difficult to answer: How could we have known? What could we have done? And always, unremittingly: Why? Written by a clinical psychologist whose own life has been touched by suicide, this book offers the clearest account ever given of why some people choose to die. Drawing on extensive clinical and epidemiological evidence, as well as personal experience, Thomas Joiner brings a comprehensive understanding to seemingly incomprehensible behavior. Among the many people who have considered, attempted, or died by suicide, he finds three factors that mark those most at risk of death: the feeling of being a burden on loved ones; the sense of isolation; and, chillingly, the learned ability to hurt oneself. Joiner tests his theory against diverse facts taken from clinical anecdotes, history, literature, popular culture, anthropology, epidemiology, genetics, and neurobiology-facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis. The result is the most coherent and persuasive explanation ever given of why and how people overcome life's strongest instinct, self-preservation. Joiner's is a work that makes sense of the bewildering array of statistics and stories surrounding suicidal behavior; at the same time, it offers insight, guidance, and essential information to clinicians, scientists, and health practitioners, and to anyone whose life has been affected by suicide. Thomas Joiner is Distinguished Research Professor and Bright-Burton Professor of Psychology at Florida State University. "In a book both personal and scientific, Thomas Joiner gives us the deepest understanding of suicide that has yet been written. He reminds us...

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