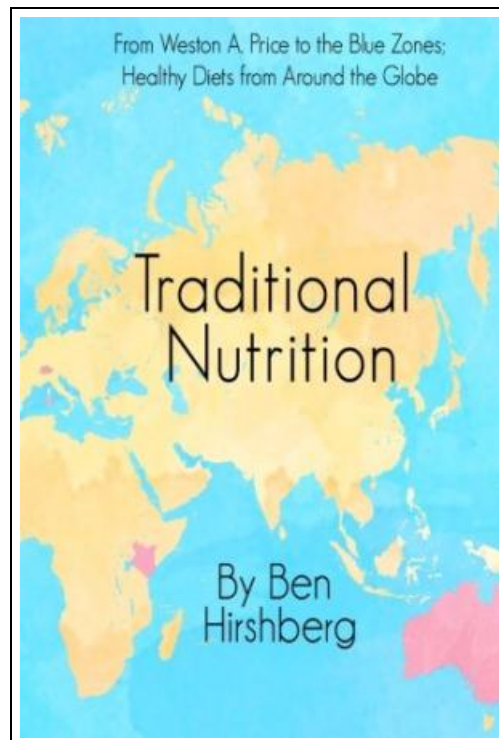


## Traditional Nutrition: From Weston A. Price to the Blue Zones; Healthy Diets from Around the Globe



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