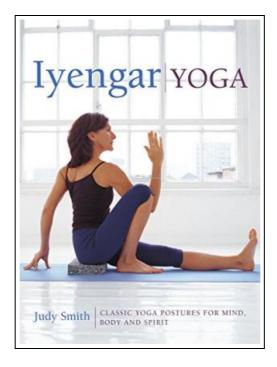
# Iyengar Yoga: Classic Yoga Postures for Mind, Body and Spirit



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(Dr. Anya McKenzie)

## IYENGAR YOGA: CLASSIC YOGA POSTURES FOR MIND, BODY AND SPIRIT



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