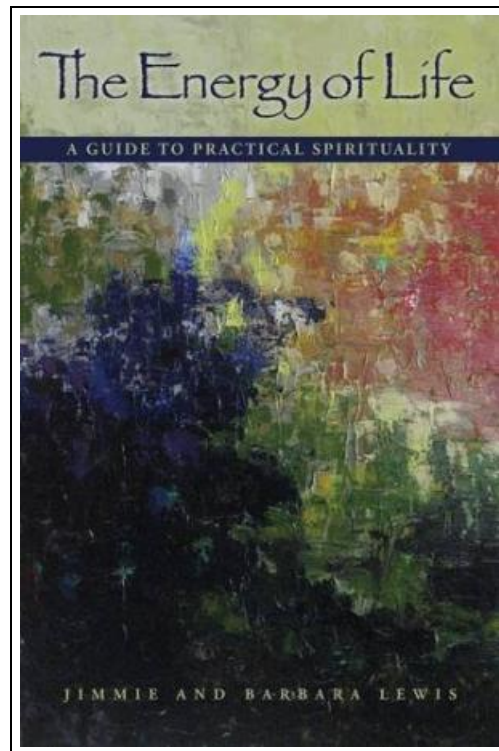


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THE ENERGY OF LIFE: A GUIDE TO PRACTICAL SPIRITUALITY (PAPERBACK)



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1+1=1 Publishing, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.THE ENERGY OF LIFE IS ABOUT YOU The Energy Of Life helps you understand why you are like you are and why your life is the way it is. Use the principles of energy that are explained in this book to CHANGE YOUR LIFE. By becoming aware of how you run your life, and why, you can begin to CHANGE YOUR LIFE and have it look the way you want it to. The Energy Of Life is ultimately about self-awareness and self-responsibility. If you read this book with an open mind, you can emerge on the other side of it with a renewed sense of why you are here, where you want to go and how to get there. By gaining a new sense of who you are and by accepting responsibility for your own life, you can empower yourself to be the person you want to be. Barbara (May 23, 1953 - August 31, 2010) and Jimmie Lewis are co-authors of the original, The Energy of Life (1995), and The Real Miracle (2002). Trained as Counseling Psychologists with a double major in Transpersonal Psychology and Couple Counseling, and as licensed psychotherapists specializing in relationships, they wrote each book as a way of solidifying what they were learning about life and as a way of sharing what they learned with the rest of the world. This is the third printing and updated Second Edition of this popular transformational self-help book, helping to change lives for the better since 1995. Immediately following this release, The Real Miracle: A Guide to Your Inner Being, is being released as the Second Edition of The Real Miracle. Jimmie s moving account of how he and Barbara used their...



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