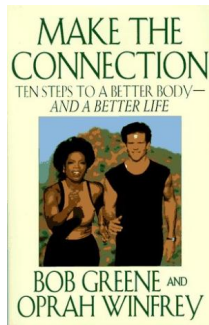


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MAKE THE CONNECTION: TEN STEPS TO A BETTER BODY - AND A BETTER LIFE



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