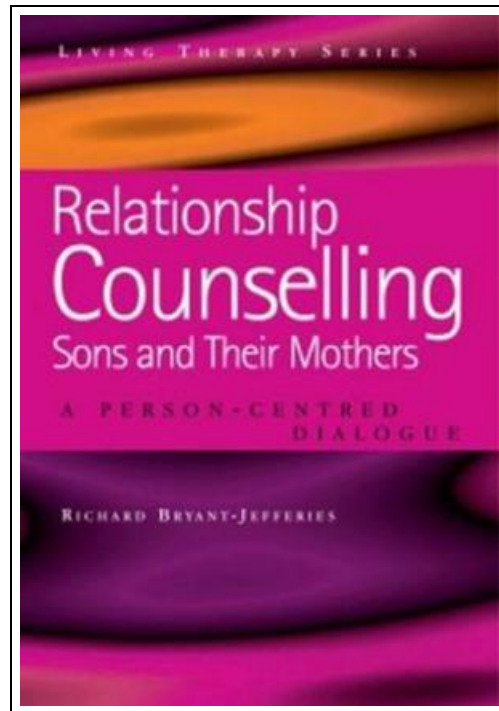


## Relationship Counselling - Sons and Their Mothers: A Person-Centred Dialogue



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Taylor Francis Ltd, United Kingdom, 2004. Paperback. Book Condition: New. Revised ed.. 305 x 229 mm. Language: English . Brand New Book. Young men trying to resolve traumatic experiences and relationship issues with their mothers is not an area that has attracted a great deal of attention, and yet it is not uncommon. Peter is 28, still living at home and feeling like I just don t have a life I can call my own. As he tries to remedy this, the reaction he gets is So, where have you been? ; What time do you call this? ; I ve been worrying about you ; You said you d be back before now. Any pleasure from his evening melts away and he wonders why on earth is he still in the same house as her. This book uses fictitious dialogue to enable readers to experience the struggle of a young man trying to break free from the damaging and dominating influence of his mother. It contains both counselling sessions and supervision sessions, inviting the reader to step into the therapeutic process and experience Peter (the client) as he struggles to create a life for himself, Michael (his counsellor) seeking to offer and maintain the therapeutic conditions of congruence, empathy and unconditional positive regard, and Suzy (Michael s supervisor). Practical advice, reflections on the counselling process, helpful summaries and points for discussion are highlighted throughout. Counsellors, trainees, supervisors and other health and social care professionals dealing with relationships will find this book valuable reading. Men who have encountered difficult relationships with their mothers are also likely to gain greater insight and find support through reading this book.



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