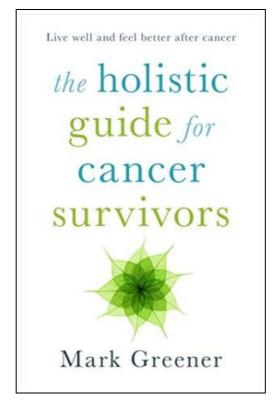
# The Holistic Guide for Cancer Survivors: Live well and feel better after cancer (Paperback)



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(Dr. Cullen Schmitt MD)

# THE HOLISTIC GUIDE FOR CANCER SURVIVORS: LIVE WELL AND FEEL BETTER AFTER CANCER (PAPERBACK)



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SPCK Publishing, United Kingdom, 2016. Paperback. Condition: New. Language: English. Brand New Book. While cancer causes more than one in four deaths in the UK, many cancers are increasingly chronic diseases, and holistic management is common. Up to a half of all cancer patients admit to visiting CAM providers; more use complementary therapies. Holistic health isn t a quick fix, but many CAMs are now established, respected and effective parts of the treatment journey in cancer, and indeed many cancer drugs come from plants. This book is a balanced, informative look at how holistic methods may help in the cancer journey. Topics include: Understanding cancer Why does cancer arise? Common symptoms How holistic methods may help Diet CAM treatments such as acupressure, acupuncture and moxibustion, art therapy, aromatherapy, An anti-cancer lifestyle Spirituality and healing How to ensure treatment is safe - never trust anyone who claims to cure cancer.

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