



Martial Arts for Beginners - A Beginners Documentary Comic Bolk

By Sieh, Ron

Writers and Readers Publishing, Inc., New York, 1995. Trade Paperback. Condition: New. Wilson, Terry (illustrator). First Printing. 155 Pages Indexed. Cartoon illustrations on every page. An overview of the Martial Arts of China, Okinawa, Japan, Indonesia, Korea, Thailand, the Phillipines, and Brazil --- their history, mytholog, and technique, along with their evolutions from life-and-death fighting arts to sports. This unique book answers questions lie: What do all hte Martial Arts have in common? What are their differences? What separates the so-called hard style and softy style? The Internal and External? The author makes a distinction between Martial Arts for competition, spirtual development, and learning how to fight. Contents: Internal or External Soft or Hard, China, Okinawa, Japan, Phillipines, Brazil, Korea, Thailand, Ninjutsu, Indonesia,and About the Author and Illustrator. Size: 6" x 9".

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