



A Year of Practiculture: Recipes for Living, Growing, Hunting Cooking (Hardback)

By Rohan Anderson

Powerhouse Books, 2016. Hardback. Condition: New. Language: English . Brand New Book. Rohan Anderson is all about cooking and eating real food. Food that has grown with the seasons and off the land that he s tended, or wild food that can be hunted and foraged from the fields and the bush. This is Rohan s year of living in practiculture: his observations, victories and failures, questions and opinions, and over 100 delicious recipes that in total record the reality of living a practical, more sustainable life. Rohan Anderson left his desk job in the city for the richer pleasures of living a simpler life on the land. Over the years he has developed his own principle of practical living. Practiculture is a lifestyle choice. It s about direct involvement in the day-to-day elements of living, and at the heart of it, the rewarding choice to grow, hunt and forage beautiful, healthy and sustainable food. A Year of Practiculture features 100 of Rohan s simple, rustic, seasonal recipes along with a collection of honest stories and experiences of Rohan and his young family as they learn the realities of living a practical life surrounded by the bounty (and hardships) of...



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It is an incredible book which i actually have ever go through. it had been writtern extremely completely and helpful. You can expect to like the way the blogger publish this book.

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