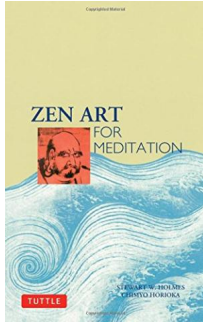


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ZEN ART FOR MEDITATION



Tuttle Publishing, United States, 1997. Paperback. Book Condition: New. Original ed.. 172 x 107 mm. Language: English . Brand New Book. This book is about emptiness and silence#8212the mind-expanding emptiness of Zen painting, and the reverberating silence of haiku poetry. Through imaginative participation in the visions of painters and poets, its readers are led to the realization that, in the author s words, emptiness, silence, is not nothingness, but fullness. Your fullness. This cultural tradition has informed many distinguished lives..

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- Authored by Stewart W. Holmes, Chimyo Horioka
- Released at 1997



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