



## Como superar la soledad

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SAN PABLO EDITORIAL, 2007. Condition: Nuevo. La soledad indica que existe desequilibrio, que sufrimos alguna carencia. En este libro encontrarás sugerencias prácticas que te indican el camino para encontrar alivio. La buena noticia consiste en que, tras la soledad, hay vida. Cómo superar la soledad te enseñará a conectar contigo mismo, con los otros y con Dios. Te ayudará a comprender que, si buscas, encontrarás. Encontrarás que, en realidad, no estás solo!.



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