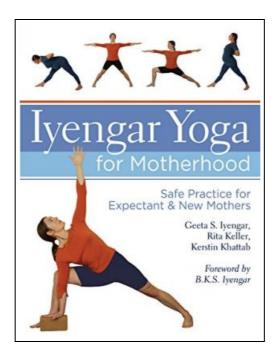
# Iyengar Yoga for Motherhood: Safe Practice for Expectant and New Mothers



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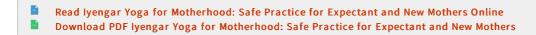
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