



Pain Relief: 30 Homemade Remedies for with Essential Oils and Herbs (Paperback)

By Melvin Richard

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Pain Relief: 30 Homemade Remedies for With Essential Oils and Herbs Nobody likes to deal with pain. Body aches or joint stiffness, muscle cramps, headaches, the list goes on. Though some have learned to live with the discomfort, no one enjoys living life that way. But pain medication is so expensive, and there are so many side effects listed you begin to wonder if it s even worth the trouble of taking any. You want relief, but relief that doesn t bring its own set of trouble to the table. Herbal remedies and essential oils have been around for thousands of years, and there is a reason they have stood the test of time. These remedies have proven themselves time and time again to be the best option for pain relief, easing your discomfort without giving you a list of side effects you must worry about. But how do you use these herbs? How do you know which herbs...



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