



## Art of Peace: Mass

By Morihei Ueshiba

Shambhala Publications Inc, United States, 2007. Paperback. Book Condition: New. New edition. 172 x 107 mm. Language: English . Brand New Book. New York Times Bestseller The real way of the warrior is based on compassion, wisdom, fearlessness, and love of nature. So taught the great Morihei Ueshiba (1883 1969), founder of the Japanese martial art of Aikido. Aikido is a disciple Ueshiba called the Art of Peace. It offers a nonviolent way to victory in the face of conflict, and he believed that Aikido principles could be applied to all the challenges we face in life in personal and business relationships, as well as in our interactions with society. These succinct and pithy teachings are drawn from his talks and writings. The collection is compiled by the renowned modern Aikidoist John Stevens, a disciple of Ueshiba.



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