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A Portable Identity: A Womans Guide to Maintaining a Sense of Self While Moving Overseas Revised Edition

By Debra R. Bryson

Transition Press International. Paperback. Condition: New. This item is printed on demand. 268 pages. A Portable Identity: A Womans Guide to Maintaining a Sense of Self While Moving Overseas, Revised Edition, is written by two former expatriate spouses who are also counselors. The book educates and empowers expatriate spouses to take charge of the changes in identity that occur during an international relocation. The most profound change a woman will experience when she moves overseas in support of her husbands career comes from within herself, to her own sense of identity. With two, three, or more years of an overseas assignment, a woman faces the formidable task of creating a life for herself in an unfamiliar country. Unlike any other book about overseas living, this book explains with clarity, candor and compassion, how each stage of the move affects a womans identity. A Portable Identity is an interactive book with practical exercises and inspiring stories. It is designed to be a companion and guide for the woman who wants to know how her identity is affected at each stage of the move, from pre-departure to arrival, and while living overseas. The book also explains why the thoughts and feelings she...



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