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SPIRALIZER: BEST OF THE BEST RECIPES COOKBOOK: EATING AND LIVING FOR HEALTH AND ENERGY



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. This book contains information on spiralizers and recipes you can prepare using it for healthy and energy-filled living. The invention of the spiralizer made preparing veggies quick, simple, and enjoyable, plus a bit different when it comes to dicing and slicing. There is also something very eye-catching about a heap of colorful vegetable twists. Vegetable and...

Read PDF Spiralizer: Best of the Best Recipes Cookbook: Eating and Living for Health and Energy

- Authored by Anna Leary
- Released at 2015



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