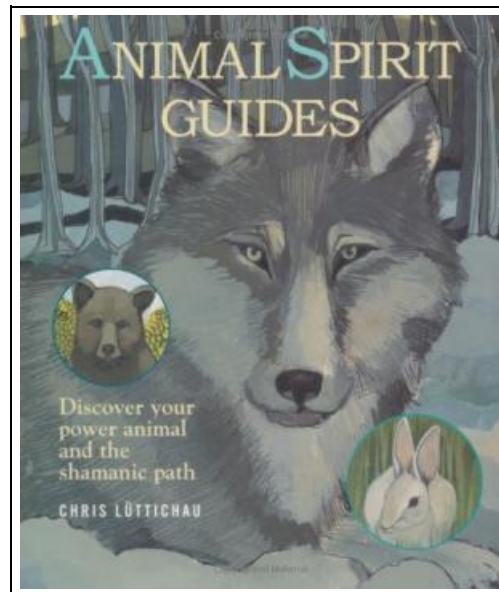


Animal Spirit Guides



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ANIMAL SPIRIT GUIDES



CICO Books. Paperback. Book Condition: new. BRAND NEW, Animal Spirit Guides, Chris Luttichau, All animals, from the wolf to the ant, the mongoose to the fox, carry a message of guidance and hope. Learn how to discover your animal guide, or 'power animal', and invite it into your life to help heal past issues and inspire you forward into the future. Using the traditional rituals of the shaman, such as drumming, visualization and dreaming, discover more than 50 power animals and the special gifts they offer. Chris Luttichau, who has followed the shamanic path for more than twenty years, presents a unique insight into Animal Spirit Guides, or Power Animals, through first-hand encounters in the wild, in America, Mexico and Europe. As a healer and educator, he communicates his encounters in a way that is immediate and soulful. Part One, The Path, introduces ways to discover your power animal. In Working with Your Animal Guide, you understand animals as teachers and healers, and learn how to communicate and stay connected with their energy when you need to. Part Two, Animal Spirit Guides, profiles a range of animals, all of which are fully illustrated, along with personal anecdotes and insights. The final chapter, Animal Guides and Your Life's Purpose, looks at the Circle of Allies and how these animal spirits can accompany you through life. Beautifully illustrated by Melissa Launay, this insightful guide will introduce you to natural, shamanic ways of living, and inspire you to work with the amazing energies of your personal Animal Spirit Guide.



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