



## Paths Beyond Ego: Transpersonal Vision (Paperback)

By -

Little, Brown Company, United States, 1994. Paperback. Condition: New. Language: English . Brand New Book. This book is a clarion call for an expanded vision of human possibilities. In it, many of the best thinkers of our day ask us to renew the perennial search for self-knowledge and to discover the deeper meaning of our lives. For this, they offer the transpersonal perspective -- which extends beyond consciousness in its myriad forms, including altered states, yoga, dreams, and contemplation. This marriage of psychology and science with the spiritual traditions has borne ripe fruit: the transpersonal vision, which offers a uniquely generous and encompassing view of human nature. The fifty essays that make up Paths Beyond Ego apply transpersonal thinking to individual growth, psychotherapy, meditation, dreams, psychedelics, science, ethics, philosophy, ecology, and service. The result is an integrated and comprehensive overview of the many dimensions of human experience. In clear, accessible writing, the contributors suggest that our potential for enhancing human abilities is much greater than previously suspected and that our tools for this grand undertaking are widely available today. The transpersonal vision offers great hope for the future -- and links us to the timeless wisdom of the ages.



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