



## The Tao of Motivation: Inspire Yourself and Others

By Max Landsberg

Profile Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Tao of Motivation: Inspire Yourself and Others, Max Landsberg, From the bestselling author of The Tao of Coaching comes a book on how to motivate and inspire others - and yourself! Motivation is much more than just a few words of praise. It is an essential skill which anyone can learn, and with which you can have an indelible, positive impact on yourself and others. Yet most of us are never taught this crucial life skill. In this book, bestselling author Max Landsberg fills that gap, providing simple tools, tips and techniques that really work. One of the key points of the book is, you cannot motivate someone else if you are not motivated yourself. Landsberg examines what it takes to motivate yourself, at work and at home, as the basis for inspiring and motivating those around you.



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