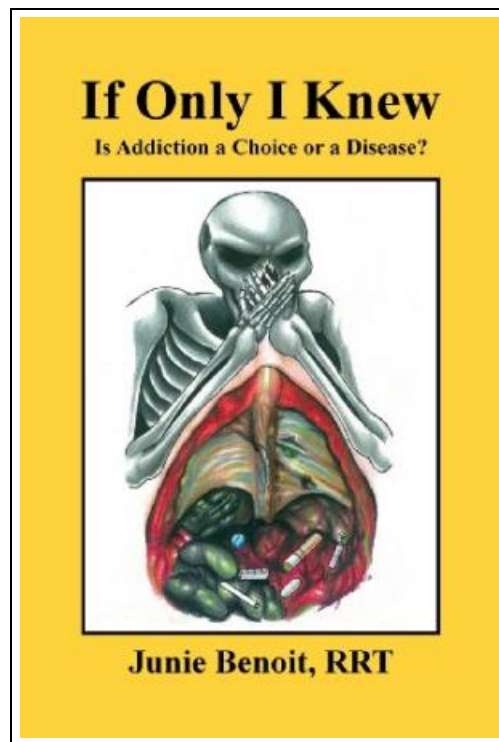


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Outskirts Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.EVERYTHING YOU NEED TO KNOW ABOUT ADDICTION Are you or a loved one fighting alcohol, heroin, cocaine, prescription drugs or smoking addiction? Do you wonder why is it easy for some to quit those habits, while others struggle endlessly? The answer is simple. They've probably been fighting the wrong battle all along. Do you know why you eat the way you do? Is it food addiction? THE TRUTH is, Addiction does not fall from the sky, and there is a reason behind every action. If Only I Knew offers hope as it unveils addictions like you've never seen them before. Did you know there is a huge difference between knowing about addiction and knowing addiction? Addiction is one of the most misunderstood topics in today's conversation. Until now, we've been told that products such as prescription drugs, cigarettes, alcohol, cocaine, and heroin, among others, are highly addictive and should be avoided. Are they? In 2012 alone, approximately 121 tons of expired or unused prescription drugs were collected at thousands of designated sites nationwide. For a population of 316 million, that is alarming. From the eight-year-old with ADHD, to the eighty-year-old living with arthritis, the problems of addiction and over-medication are growing issues, although incredibly, not paramount on our leaders' minds and agendas. The question remains: Is addiction a disease? If your answer is yes, think again! If the correct answer is no, why, then, have so many found themselves enslaved by its power and trapped under its gigantic claws? What are we missing? The answer will surprise you and you will never again think about addiction in the same way. Never has there been a time in our...



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