



Food Is Your Best Medicine

By Henry G. Bieler M. D.

Ballantine Books. Paperback. Book Condition: New. Mass Market Paperback. 256 pages. Dimensions: 6.8in. x 4.1in. x 0.8in. A fascinating interpretation of how the body functions to maintain good health and addresses all kinds of ailments with specific nutritional approaches. A pioneering nutrition classic. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Mass Market Paperback.



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