



## Addiction: How to Conquer Addiction and Break Free for Good (Paperback)

By Veronica Hurst

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Are you looking for methods, techniques and strategies to overcome addiction in your life? Or perhaps it is a loved one that is suffering from being stuck and spending all their energy on an addiction that is hurting them? Today is the day to break free and never look back! In this book Veronica Hurst dives deep into the many complex aspects of addiction and breaks them down into easy to understand pieces. Everyone has felt the claws of addiction, but for some of us it becomes an illness that takes root. Breaking free is always possible, but requires the correct insight and understanding to make happen. Imagine getting your wings back and leaving addiction behind once and for all - how would you feel? Pretty amazing, right? This is why we have chosen the image of a dove on the book cover. The airborne dove represents the freedom and ease of being that an addiction free life entails. You can also gift this book to a friend, family member or loved one that may need the information and steps to...



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