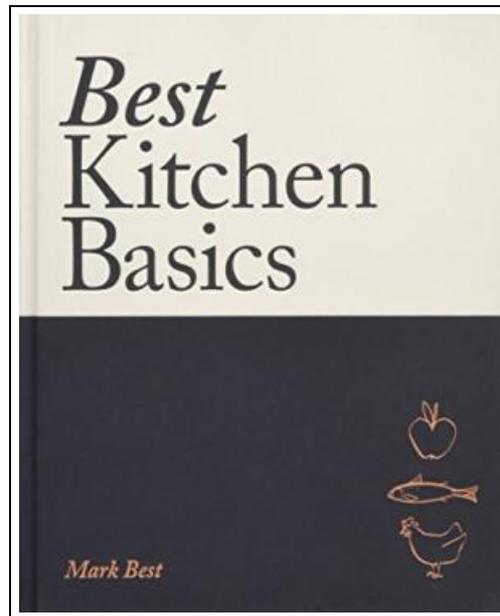


## Best Kitchen Basics: A Chef's Compendium for Home (Hardback)



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*(Prof. Demond McClure)*

## BEST KITCHEN BASICS: A CHEF S COMPENDIUM FOR HOME (HARDBACK)



HARDIE GRANT BOOKS, Australia, 2016. Hardback. Condition: New. Language: English . Brand New Book. Best Kitchen Basics beats the revolutionary drum in the domestic kitchen - no longer are high-end techniques or recipes the sole domain of multi-award-winning restaurants like Best s Sydney fine diner Marque and his bistros Pei Modern in Melbourne and Sydney. Here, Mark Best breaks it down, putting the individual elements of each recipe into the home cook s hands and empowering them to think differently. It includes 100 original recipes built around 30 accessible ingredients - from eggplant to pumpkin to chocolate and eggs. Best Kitchen Basics ups the ante on the familiar. Best insists that it is not a question of luxurious ingredients, simply the knowledge and wherewithal to unlock the beauty of some of the most basic elements of cooking. He says a good cook can compose a menu walking through a supermarket. A purple salad onion has its own beauty, for example, and in good hands can be elevated beyond the ordinary. Or a parsnip usually relegated to the roasting pan or soup pot can sing as a dessert when transformed with common builder s lime. In the case of pumpkin, he starts with a basic recipe for the ubiquitous but much-loved pumpkin soup. Explanation of basic principles and detailed technique deliver a superior version. The next step is a pumpkin custard, sweet or savoury, and requiring a little more application. And then, for the enthusiastic cook with a little more time on their hands, a pumpkin ravioli in pumpkin consomme. This is not just about technique, says Best. But new thought: changing the context. The book does not aspire to be comprehensive, rather an enjoyable - and useful - insight into one man s craft. Originally inspired by a well-thumbed recipe collection...



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