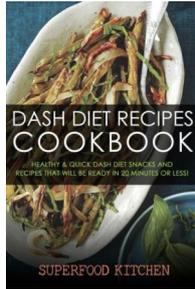# Dash Diet Recipes Cookbook: Healthy Quick Dash Diet Snacks and Recipes That Will Be Ready in 20 Minutes or Less!

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