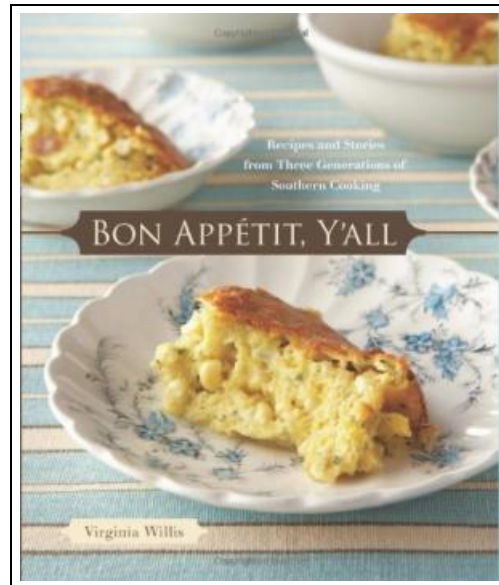


Bon Appetit, Y all ern Cooking (Hardback)



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Random House USA Inc, United States, 2008. Hardback. Condition: New. Language: English . Brand New Book. Two divergent influences--Southern cooking and French cuisine--come together in Bon App tit, Y all, a modern Southern chef s passionate and utterly appealing homage to her culinary roots. Espousing a simple-is-best philosophy, classically trained French chef and daughter and granddaughter of consummate Southern cooks, Virginia Willis uses the finest ingredients, concentrates on sound French technique, and lets the food shine in a style she calls refined Southern cuisine. More than 200 approachable and delicious recipes are arranged by chapter into starters and nibbles; salads and slaws; eggs and dairy; meat, fowl, and fish main dishes; sides; biscuits and breads; soups and stews; desserts; and sauces and preserves. Collected here are stylishly updated Southern and French classics (New Southern Chicken and Dumplings, Boeuf Bourgignonne), rib-sticking, old-timey favorites (Meme s Fried Okra, Angel Biscuits), and perfectly executed comfort food (Mama s Apple Pie, Fried Catfish Fingers with Country R moulade). Nearly 100 photographs bring to life both Virginia s food and the bounty of her native Georgia. You ll also find a wealth of tips and techniques from a skilled and innovative teacher, and the stories of a Southern girl steeped to her core in the food, kitchen lore, and unconditional hospitality of her culinary forebears on both sides of the Atlantic. Bon App tit, Y all is Virginia s way of saying, Welcome to my Southern kitchen. Pull up a chair. Once you have tasted her food, you ll want to stay a good long while.



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