



## Words Hit Hard as a Fist: With 18 Tips on How to Stop Being Bullied (Paperback)

By Charisse Rudolph

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a self help book for teenagers that teaches how to resolve conflict, life skills, being true to yourself, acceptance, perseverance, and The Law of Attraction. The Topics in this book will give you an understanding about how to deal with situations that happen to everybody. It is not always easy. Every age has its challenges. Being a teen can be stressful. It s like standing with one leg in the adult world and the other in the kid s world. It can get very confusing for you as well as your parents. If you can learn how to handle the different challenges that are coming your way, and how to focus on what you want in life, without giving up, everything will turn out to be all right. Life is about finding out who you are and what makes you happy. How do you define yourself? In the teen years you will try on different hats to find out who you are going to be. The thing to remember is the media has warped your sense of self....



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