



## The Power of Chakras: Unlock Your 7 Energy Centers for Healing, Happiness, and Transformation

By Susan Shumsky

New Page Books. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.9in. x 6.0in. x 0.8in. For anyone wishing to examine ways of integrating knowledge of chakras into their life and health, The Power of Chakras is a valuable guide. --Larry Dossey, MD, author, Reinventing Medicine and Healing Words The Power of Chakras provides a wealth of information and inspiration. --Dr. David Frawley, Director, American Institute of Vedic Studies Dr. Susan Shumsky is one of the most genuine, sincere spiritual teachers that I am privileged to personally know. She is a rare treasure who truly walks her talk, and her profound connection with inner divinity is obvious. --Dannion Brinkley, author of Saved By the Light The Power of Chakras is a magnificent companion book to Dr. Shumsky's Exploring Meditation. It links the practice of meditation to the highest attainment of self-realization by connecting it with the body's energy vortices--the chakras. Her scholarly and deeply researched book is, at the same time, easy to read and retain. The information within it is a much-needed guide to help seekers discover their own intelligence within. --Yogi Amrit Desai, founder of Kripalu Yoga, coauthor of Yoga as a Form of Meditation The Power of Chakras reveals the truth that...



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