



Truly Scrumptious Baby: My Complete Feeding and Weaning Plan for 6 Months and Beyond (Hardback)

By Holly Willoughby

HarperCollins Publishers, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. ****AWARDED A MUMSNET RATED BADGE 2017**** `Exceeded my expectations! In-depth introduction to weaning, including useful nutritional information, plus lots of lovely recipes appropriate to each stage of weaning - and the ones for toddlers are fantastic for the whole family to share, too! Mumsnet Reviewer Weaning my little ones was a joyous, messy and occasionally testing experience! This book aims to help you through the next development phase: introducing your baby to the colourful, flavourful, wonderful world of food. The thought of weaning can be daunting to the most self-assured mums and dads. I know I felt that way, even with my third! But while every baby is different, one thing is the same for all parents: the importance of serving them delicious, nutritious dishes with minimal fuss and maximum benefits. There is no one-size-fits all approach and there are decisions to be made: spoon-feeding purees or baby-led weaning? What equipment don t you need and where should you spend extra? With so much contradictory advice out there, I wanted to provide a go-to guide that arms you with everything you need to know as your...



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