



## What s Up as You Grow Up?: 4th and 5th Grade Version

By Dr Mary Jo Podgurski, Dr Mary Jo Jo Podgurski

Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. Alice Burroughs (illustrator). 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The process of growing up is a huge part of life, yet many families ponder the best way to discuss puberty. What s Up as YOU Grow Up is an interactive manual for children and adults that offers an easy way to address questions and encourage communication. The What s Up as YOU Grow Up? Program has been presented to over 12,000 children ages 8 - 12 since 1984. Dr. Podgurski developed the program to support parents as they opened the door to discussion about puberty and early sexuality education. What s Up as YOU Grow Up? is offered in two books (one for 4th or 5th grade children and one for 5th or 6th graders). This version was edited to provide a gentle first approach to sexuality. Dr. Podgurski will work with school districts to tailor content for individual school cultures. She is available at or at her office 1(888) 301 2311.



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### Reviews

*Basically no phrases to clarify. It really is rally fascinating through reading time. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Anabel Zemplak**

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