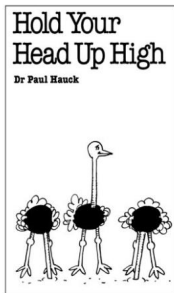


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## HOLD YOUR HEAD UP HIGH



SPCK Publishing. Paperback. Book Condition: new. BRAND NEW, Hold Your Head Up High, Paul A. Hauck, Albert Ellis, Do you worry about what people think of you? Do you sometimes feel everyone else is more confident and more successful than you are? Do you wish you could forget about judging yourself all the time and get on with your life? Many people suffer from low self-esteem and find it difficult to believe in themselves - to believe they deserve respect...

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