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OUR SUPER GARDEN: LEARNING THE POWER OF HEALTHY EATING BY EATING WHAT WE GROW

Our Super Garden



Createspace, United States, 2011. Paperback. Book Condition: New. Theresa Mezebish (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Our Super Garden explores eating healthy by eating what we grow. With kid-friendly language and eye-catching art, it highlights the special powers fruits and vegetables give our bodies, like the force field created by vitamin C that helps keep us from getting sick, antioxidants that karate chop diseases, and fiber, which helps us poop. Children...

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- Authored by Anne Nagro
- Released at 2011



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